TOME TO TABLE

These five Indian cookbooks for American cooking enthusiasts offer a new perspective on our own cuisine. By Sonal Ved

1. **Indian-ish** (Houghton Mifflin Harcourt): “Sixty per cent traditional Indian, 40 per cent Indian-plus-something-else,” is how author Priya Krishna describes recipes inspired by her family life in America, which are available in her cookbook out this month.


3. **Indian Cookery** (Picador): Author Salman Rushdie’s sister, Sameen, pens down a recipe book that you can endlessly read like a novel. Using vivid memories of India from the ’50s as well as focusing on the Rushdie family food traditions, she brings out nostalgia recipes that are likely to please carnivores and herbivores alike. *Republished in May 2018.*

4. **Season** (Chronicle Books): Last year, there wasn’t an international cookbook list that didn’t feature Nik Sharma’s beautiful cookbook. He will win you with recipes of rainbow root raita and tandoori swordfish steaks.

5. **Eat Feel Fresh** (Alpha): Calming your doshas one pancake at a time, this cookbook by Sahara Rose Ketabi, released last October, encapsulates recipes based on the ancient Indian healing system.